



SINDHUDURG EDUCATIONS SOCIETY

SHREE SARASWATI INSTITUTE OF TECHNOLOGY

A/P-Tondavali, Tal-Kankavli, Dist – Sindhudurg
Email Id – shreesaraswatitech@gmail.com Phone/Fax No. – (02367) 248939

Report on Health Check-up Camp

1. Introduction

Under the *Safai Mitra Suraksha Shibir* initiative, an **Aarogya Tapasani Shibir (Health Check-up Camp)** was organized at **Shree Saraswati Institute of Technology, Tondavli**, on **25th September 2025**. The camp was conducted in collaboration with the **Sindhudurg Education Society** with the objective of promoting health awareness and providing free medical check-ups to sanitation workers and students.

2. Objectives

The objectives of the health camp were:

- To provide free health check-ups and consultations.
- To encourage preventive healthcare practices.
- To sensitize students about the importance of hygiene, safety, and social responsibility.

3. Date and Venue

- **Date:** 25th September 2025
- **Venue:** Shree Saraswati Institute of Technology, Tondavli
- **Time:** 10:00 AM – 2:00 PM

4. Dignitaries Present

- **Hon. Vasant Sawant Sir** – Chief Guest & Inaugurator
- **Mr. Surajkumar Satavekar** – Principal, Shree Saraswati Institute of Technology
- **Mr. Vinayak Chavan** – Administrative Officer
- Faculty Members of Shree Saraswati Institute of Technology



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5. Program Schedule and Highlights

1. Inaugural Session

The camp was inaugurated with a brief address by **Hon. Vasant Sawant Sir**, who highlighted the importance of health awareness and preventive care in the lives of sanitation workers and students.

2. Health Check-ups

Participants underwent essential medical tests which included:

- **Weight Measurement**
- **Body Mass Index (BMI) Calculation**
- **Blood Pressure (BP) Check**
- **Blood Group Testing**

The medical team guided participants on the significance of maintaining normal BMI, controlling blood pressure, and the importance of knowing one's blood group for emergencies. Individual health reports were provided along with personalized advice.

3. Awareness Session

A short awareness program was conducted focusing on:

- Occupational health and safety
- Importance of a balanced diet
- Personal hygiene practices

4. Vote of Thanks

The program concluded with a vote of thanks delivered by faculty members, expressing gratitude to:



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- The health team for their valuable service
- Hon. Vasant Sawant Sir and dignitaries for their guidance
- Volunteers and staff for smooth organization of the camp

6. Conclusion

The **Health Check-up Camp** successfully addressed the well-being of **Safai Mitras** and students, creating awareness about preventive healthcare and healthy living. The initiative reflected the institution's commitment towards **community service, health awareness, and social responsibility**, leaving a positive impact on all participants.

Prepared by:

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